



Education Empowerment Innovation

Cutting-edge medical strategies

Taharat hamishpacha, fertility, and women's reproductive health

בס"ד

Shana Tovah: A year of branching out

Dear Friends,

Reflecting on Tahareinu's fastest-paced year in our decade of existence, we are inspired by the increasing number of women and families we are *zocheh* to help. Our **Tahareinu hotline** helps women **every hour**, 13 hours a day, and our **case managers meet with couples daily**, often remaining on-call via phone, day and evening, for guidance.

This year, we received a **Tahareinu simcha announcement per day** on average.

Husbands and wives glow with their news about their **new baby** after suffering infertility, a hopeful **healthy pregnancy** after recurrent miscarriage, or getting to **mikveh after many weeks or even months**.

Tahareinu brings long-awaited simcha to people in your community, daily.

In gratitude for your support, over the course of 5779 we were able to branch out in the following ways:

- Expanded to **6 new cities**: Chicago, Montreal, Zurich, Vienna, Johannesburg, and Gibraltar
- Visited **17 communities**, educating the leadership, and forging connections with local OBGYN and fertility specialists.
- Participated in **over 30 medical** conferences and



meetings around the world, gleaming updates about cutting-edge medical innovations

- Trained 30 new hotline advisors, and expanded our medical guidance to cover a broader scope of conditions.

As we near our 10th anniversary, we look forward to bringing solutions for you and your communities.

LeShana Tovah - techaseivu v'techaseimu לשנה טובה - תכתבו ותחתמו

Yours,

Rabbi Yitzchok & Mrs. Chaya Melber
Tahareinu Founders

[Read Our 2018-2019 Annual Report](#)



Shabbos!

Wishing you hatzlacha in your own lives and in all your endeavors to help others! And may all your hard work be a zechus for you and your families. כתיבה וחתימה טובה. Tizcu lemitzvos!"

-C.R., Elul 5779

A Year-End Testimonial

"About a year ago, you guided me through the process of getting the help that I needed... This was so appreciated as I **felt lost** and unsure... You gave me guidance and direction, and told me how to get myself admitted to [a particular] fertility department. Without your help I would not have reached this point so quickly and easily! **BH I gave birth to a beautiful, healthy baby boy on erev**

This Month's Feature

Solving a Community Crisis

The South African community Rabbanim repeatedly said they are "dealing with a crisis," of tahara: women take medication after medication, yet still have **mid-cycle bleeding, preventing them from getting to mikveh**. In addition, **infertility has become commonplace**, leaving the kehilah pining for ways to achieve healthy pregnancies.

Before landing in Johannesburg, South Africa, in early September, **we had 13 meetings scheduled**. Word spread so fast about Tahareinu's impact that **we ended up having 35**



meetings with rabbanim, top doctors, and other community leaders during our five-day stay, starting at 7 am, often going past midnight.

Why Tahareinu Stands Out

Everyone we met was **astounded** that Tahareinu's medical knowledge can help so many **people in their kehilah**. They found out the Tahareinu difference: We **identify the cause** of the bleeding or infertility. We suggest **minimally-invasive diagnostic procedures** which **lead to minimally-invasive solutions**. We **get to the root of the problem**. Our knowledge and approach was a game changer for the Johannesburg community.



South Africa's Medical Advances, at Low Cost

We held back-to-back meetings with doctors and GPs working with women's reproductive health. To our amazement, South Africa has **some of the most innovative procedures and machinery available in the world for women's reproductive health, and at affordable cost**. We were grateful to guide couples there, knowing such medical innovation is at their fingertips.

Meeting with Rabbanim and Educating the Community

We were deeply honored to meet with the **Chief Rabbi and many other leading rabbanim**. We gave educational workshops for rabbanim and kallah teachers, and were interviewed on their local station, **Chai FM 101.9!**

We look forward to continuing the South African branch and hotline launch. **The SA hotline number is: 011-568-9680.**

10th Anniversary

MAZAL TOV!

This Chanukah, Tahareinu will be celebrating a decade since our establishment.

Be involved in the simcha!

[Contact us](#) to sponsor or organize a 10th anniversary celebration event.



Connect with Tahareinu in 5780



Call the [Hotline](#)

We register 380 calls per month on average, answered by our expertly-trained team advisors in several languages.



Partner

Medical institutions benefit from Tahareinu's 'umbrella' knowledge. [Contact us](#) for strategy.



[Educate](#)

[Contact us](#) to find out about or schedule an educational conference for Rabbanim, Rebbetzins, Kallah Teachers, or other leaders.

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